# Support Service for Adults 

## Self Referral Form

Dublin: 23/24 Buckingham Street, Dublin 1. / Christchurch Square, D8 Tel (01) 8134100
Cork: Blackmore House, Meade Street, Cork. Tel (021) 2038005
Galway: The Sanctuary, 27 Chois Chair, Claregalway, Galway. Tel (091) 454489
Email: birthhistory@barnardos.ie

## Please note that this service is specifically for people who were boarded out, nursed out or fostered as children prior to the Child Care Act 1991

Were you boarded out, nursed
Yes


No $\square$ out or fostered as a child:

## Personal details



Date of Birth: $\square$

Gender:


Telephone:


Preferred method of contact:

| Phone $\square$ | Text $\quad \square$ |
| :--- | :--- |
| Email $\quad \square$ | Letter $\quad \square$ |

Email:


## Reason for Referral

Support to access early life and birth history information

Form filling/ literacy support
Advocacy /information and signposting

Support to access community services and supports e.g. meals on wheels, men's sheds etc.


Support in referring to relevant health/medical services e.g. primary care
 Support in referring to relevant mental/emotional health services
$\square$ Support to access housing /tenancy /homeless services e.g. housing adaptation grants, housing application forms, homeless services

Other - Please specify:
Support to access befriending/telephone befriending and social groups

$\square$


## Barnardos

## Boarded Out Practical Support Service for Adults

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Please let us know how we can help you

Signed: $\square$ Date: $\square$

