Building Trauma Awareness in Early Learning and Care



This workshop is suitable for Early Years
Educators and other professionals working with
young children who are interested in learning
about adverse childhood experiences and how
to foster children's resilience in early learning
and care settings. This may also be of interest to
Childminders.

The aim of this workshop is to introduce participants to the immediate and long lasting impact early adversity can have on children's lives and the importance of creating trauma sensitive early learning and care settings.



Duration:

2 hour webinar, 3 hours in-person workshop

Format:

Webinar or Workshop

Group size:

30 participants per training

The workshop will involve presentation, videos and question and answers. Participants receive a Certificate of Attendance



Following the workshop, participants will be able to:

- List a range of adverse childhood experiences (ACEs)
- Explain the impact of toxic stress on the developing brain
- Recognise the stress response system in action
- Apply a trauma lens to children's behaviour
- Describe how relationships are key to implementing a trauma informed approach
- Consider ways to introduce trauma informed practices into a setting
- Understand the potential impact on professionals when working with children who have experienced trauma

Contact details:

E: training@barnardos.ie

P: 014530355

W: www.barnardos.ie





