

Introduction to Reflective Practice in Early Learning & Care



Overview

This workshop is suitable for those working in Early Learning and Care and School Age Childcare who want to learn more about reflective practice. This may also be of interest to Childminders.

The aim of this webinar is to assist participants to begin or continue to reflect on their own practice as they engage with children, parents and colleagues. Participants will have the opportunity to look at some examples of reflective tools and exercises where they can identify some of the characteristics and benefits of different types of reflection.



Method & Materials

Duration:
2 Hours

Format:
Webinar or Workshop

Group size:
30 participants per training

The webinar will involve presentation, video and question and answers. Participants receive a Certificate of Attendance.



Outcomes

Following the workshop, participants will be able to:

- Describe what reflective practice is and how it can benefit their work in early year settings
- Reflect on personal attitudes and learning styles and how these impact upon self-reflection
- Explore some models of reflective practice and how they can be applied in a range of work settings
- Identify some basic tools that will assist practitioners to reflect on their work
- Develop strategies to overcome barriers to reflective practice

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