# Making the Most of Supervision Training for Managers



Supervision supports the delivery of high-quality services to children and families. Good quality supervision keeps organisations in touch with the work on the ground. It helps staff to focus on the quality of their practice, whilst offering them support and an arena to ask questions or raise concerns.

This training aims to generate positive relationships between supervisor and supervisee and through these, to inspire and motivate staff in their work. The supervisee training is based on the Tony Morrison model of Staff Supervision in Social Care.

Participants will be expected to complete a video assignment between day two and three of the training.



Following the training, participants will be able to:

- Identify key features, functions and benefits of supervision
- Use and review a supervision contract
- Apply the Kolb Cycle and feedback in supervision
- Identify the impact of power, authority and heightened emotions (anxiety) on the supervision process
- Identify the impact of organisational culture on supervision
- Apply skills to address issues of blocked performance



### **Method & Materials**

#### **Duration:**

Delivery over 3 Full Days, e.g. 10-5pm

#### Format:

Blended or Workshop

## Group size:

14 participants per training

The workshop will involve presentation, small group work, role play and question and answers.

Participants receive a Certificate of Attendance.

# Contact details:

E: training@barnardos.ie

P: 014530355

W: www.barnardos.ie









