

Trauma Awareness in Early Learning and Care



Overview

The aim of the training is to build expertise and confidence among Early Years professionals supporting children in Early Learning and Care settings, who have experiences of trauma. This may also be of interest to Childminders. The training will include both the main theoretical concepts of trauma awareness and examples of the practical application of these concepts in an early years setting.

This training will give participants the knowledge and information to help guide and support them in their role caring for children who have experienced early adversity and trauma.



Method & Materials

Duration:

Delivered as a Full Day, e.g. 9:30am - 4:30pm

Format:

Webinar or Workshop

Group size:

20 participants per training

The training will involve presentation, videos and engaging group activities and discussions. Participants will receive a Certificate of attendance.



Outcomes

Following the training, participants will be able to:

- List a range of adverse childhood experiences (ACEs)
- Explain the impact of toxic stress on the developing brain and recognise the stress response system in action
- Apply a trauma lens to children's behaviour
- Explain how trauma can affect attachment
- Apply the principles of a trauma-informed approach to their work with Early Learning and Care (ELC) settings
- Recognise that relationships are key to implementing a trauma-informed approach
- Support their ELC settings to create a more trauma-informed environment
- Explore the potential impact on Early Years Educators when working with children who have experienced trauma

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