

An Introduction to Trauma Informed Practice in Early Learning and Care



Overview

This workshop is suitable for Early Years Educators and other professionals working with young children who are interested in learning about the impact of childhood trauma and adversity on young children's development and ways to foster children's resilience in early learning and care settings. This may also be of interest to Childminders.

The aim of this workshop is to introduce participants to the immediate and long-lasting impact early adversity can have on children's lives and the importance of creating trauma sensitive early learning and care settings.



Method & Materials

Duration:

2 hour webinar, 3 hours in-person workshop

Format:

Webinar or Workshop

Group size:

30 participants per training

The workshop will involve presentation, videos and question and answers. Participants receive a Certificate of Attendance



Outcomes

Following the workshop, participants will be able to:

- List a range of adverse childhood experiences (ACEs)
- Describe the impact of childhood trauma and adversity
- Apply a trauma lens to children's behaviour
- Explore how relationships are key to implementing a trauma informed approach
- Reflect on how trauma sensitive practices can be integrated into how EY Educators work with children
- Identify the vital importance of Educator wellbeing

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