

Outdoor Play: Enhancing Children's Lives



Overview

This workshop is suitable for those working in Early Learning and Care including School Age Care and Childminders interested in developing an outdoor area that supports and enhances a child's learning and development.

This workshop will highlight the benefits of outdoor play and how creating outdoor spaces for children requires a team approach and a clear understanding of why it matters. The aim of the workshop is to raise awareness of how to provide opportunities for children to explore and thrive creatively and improve overall wellbeing in the outdoor area.



Method & Materials

Duration:

2 hour webinar, 3 hours in-person workshop

Format:

Webinar or Workshop

Group size:

20 participants per training
The workshop will involve presentations, videos and Q&A.

Participants will receive a Certificate of Attendance.



Outcomes

Following the workshop, participants will be able to:

- Describe why outdoor play matters to children's early years experiences
- Explore the key aspects of outdoor play that contribute to children's overall learning and development
- Identify key areas of interest that will enhance your outdoor area
- Reflect on challenges that may arise when thinking about outdoor play and how to overcome these

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