

Trauma Awareness in Early Learning and Care



Overview

The aim of the training is to build expertise and confidence among Early Years professionals supporting children in Early Learning and Care settings, who have experiences of trauma. This may also be of interest to Childminders. The training will include both the main theoretical concepts of trauma awareness and examples of the practical application of these concepts in an early years setting.

This training will give participants the knowledge and information to help guide and support them in their role caring for children who have experienced early adversity and trauma.



Method & Materials

Duration:

Delivered as a Full Day, e.g. 9:30am – 4:30pm

Format:

Webinar or Workshop

Group size:

20 participants per training

The training will involve presentation, videos and engaging group activities and discussions. Participants will receive a Certificate of attendance.



Outcomes

Following the training, participants will be able to:

- Understand trauma and adversity
- Describe how trauma can affect early childhood development
- Apply a trauma informed lens to children's behaviour
- Reflect on how trauma sensitive practices can be integrated into practice
- Apply the principles of a trauma-informed approach in ELC settings
- Promote educator wellbeing
- Identify practices that foster resilience in children

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